



# *Private Yoga*

IN TUSCANY

PRIVATE YOGA CLASSES  
IN VILLAS, RESORTS AND RELAIS

*with Sara*



# Private Yoga Teacher

*Sara Varlani*

Sara Varlani is a Tuscany based yoga teacher.

With over 10 years of practice and teaching experience to a vast range of individuals, she has the flexibility and intuition to read every single scenario.

Her focus is to be gentle and compassionate, teaching with passion in hope of expanding and deepen the potential of everyone.

## Key points of the service



Where: The teacher reaches clients at their private villas, resorts and relais in Tuscany.



Classes options: individual or group (series or one-off), pre-wedding, hens parties and bridal shower, crystal singing bowls sound bath.



Participants: individual or group. For groups of over 20 people, an assistant could be needed.



Age: no maximum or minimum age.



Prices: 200,00€ for a group up to 4 people, +30,00€ every extra person. Travel expenses tbd.

## Contacts

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